

## A CALL TO HOLINESS AND PRAYER

*“Be holy, **for** I, the Lord, your God, am holy” (Lev. 19:1)*

*“Be perfect just **as** your Heavenly Father is perfect”(Mt.5:48)*

*“As a young man marries a virgin so your Builder shall marry you”(Isaiah, 62:5)*

*“Remain in me as I remain in you. I am the vine you are the branches.” (John 15:4a.5a)*

*“What eye has not seen, and ear has not heard, and what has not entered the human heart, what God has prepared for those who love Him, this God has revealed to us through the Spirit” (1 Cor.2:9-10)*

*“I urge you brothers to offer your bodies as a living sacrifice, your spiritual worship. Do not conform yourself to this age but be transformed by the renewal of your mind, that you may discern what is the will of God, what is good, pleasing and perfect” (Rom 12:1-2)*

*“If you keep my commandments you will remain in my love” (John 15:10)*

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*“Be holy, **for** I, the Lord, your God, am holy” (Lev. 19:1) “Be perfect just **as** your Heavenly Father is perfect”(Mt.5:48)*

The call to Holiness is not an invitation but the goal of our life.

Holiness doesn't mean that we have to be perfect: “Saints are not the most perfect ones but the most courageous ones”

Holiness doesn't mean suffering although saints usually suffer; holiness is profound joy because it has to do with God.

*“As a young man marries a virgin so your Builder shall marry you”(Isaiah, 62:5)*

Holiness in Hebrew is translated with a word that means: “being set apart” and “being married with”

Holiness has to do with LOVE. Before having to do with our effort to love God, Holiness has to do with God's passionate love for us that can perfect our life and make it whole and holy.

"Remain in me as I remain in you. I am the vine you are the branches." (John 15:4a.5a)

The secret of holiness is a word: **REMAIN**

There are 2 ways to remain in this love: prayer and action:

- 1) PRAYER: "What eye has not seen, and ear has not heard, and what has not entered the human heart, what God has prepared for those who love Him, this God has revealed to us through the Spirit" (1 Cor.2:9-10)

Prayer is the way to remain in God's love and to receive his hidden treasure.

There are three forms of prayer: vocal, mental, contemplative

The goal of Mental prayer is **TRANSFORMATION**: "I urge you brothers to offer your bodies as a living sacrifice, your spiritual worship. Do not conform yourself to this age but be transformed by the renewal of your mind, that you may discern what is the will of God, what is good, pleasing and perfect" (Rom 12:1-2)

Mental prayer: **Read – Reflect – Relate – Resolve**

- 2) ACTION: "If you keep my commandments you will remain in my love" (John 15:10)